FROM THE PRINCIPAL

Dear Parents

Police Patrols
If you are the person who drops off and picks up your child from school you may have noticed that officers from the Police Service have increased patrols around the school. The increase in patrol have mainly been in the mornings but I believe will extend into the afternoons. These officers have been directed to target drivers who are ignoring the parking signs.

How to Motivate a Lazy Child
If you find that despite your best efforts, your child prefers watching TV, playing video games or sniping at you every time you ask a chore to be done, you’re not alone. Many parents fear they’re raising a lazy child. The good news is, many children who appear lazy, aren’t actually lazy at heart. Instead, they often need someone to identify what’s holding them back from being productive.

Determine the Root Cause of the Laziness
Don’t confuse laziness with defiance. They might refuse to do as you ask in an attempt to test their limits. Your child might be frustrated, for instance with homework they can’t understand so they refuse to even get started. Determining why your youngster is unwilling to start or complete tasks is the first step into figuring out the best kind of motivation.

Create Expectations, Rewards and Consequences
Clearly state what you expect from your child, using ‘I’ statements. This might mean saying, “I want you to do your homework now”, or “I want you to practise your instrument for 30 minutes”. Once you state your expectations, give your child an opportunity to complete the task. If they don’t get moving, follow through with a negative consequence like no TV time or taking away their devices until their work is done. On the other hand, hard work should be rewarded. While basic daily tasks such as household chores, homework or even just getting ready for school do not require rewards, going above and beyond does. Make the rewards small but enjoyable – a hug and a smile are often enough.

Cultivate Interest
Remember Newton’s First Law of Motion: An object at rest stays at rest. An object in motion stays in motion. If your child frequently lazes about the house, it will be harder to get them up and motivated. Cultivate interests and activities that will boost overall productivity. A good start is to cultivate a desire to get more physical exercise by attending sporting events or playing rounds of tennis or basketball. Join your child in these activities to help show them that physical activity can be more fun than lazing around.

Encourage, Don’t Criticise, But Don’t Accept Poor Work Either
It’s not only important to encourage your child, but also to encourage them appropriately. It’s not enough to tell a lazy child how smart they are. Constantly telling your child they are smart builds the impression that it comes naturally and, therefore, they don’t have to work harder. Instead, praise the effort, even if that hard work doesn’t always pay off. But insist on the hard work. Never accept a poor job when you know they have barely exerted themselves and done only the bare minimum.

Acknowledgement: Amy Morin

Guy Hendriks
Principal
CRAZY HAIR DAY
This will be held on Thursday 10 March 2016.

ECOMARINE NEWS
WOW! WOW! WOW! Is all we really have to say! We had our EcoMarine sign up last Friday, and from Years 3 to 6, 88 students came and signed up to be a part of our EcoMarine program this year. That is an additional 28 students from last year! This is such an amazing turn out for the EcoMarine program, as this means we can make a bigger impact on the environment. To know that what we are doing and what we stand for, is reaching you and your families, brings a smile to our faces. We are so thrilled and excited to be working with you all who have pledged to help our marine and wildlife, our school environment, our local environment, and ultimately our world. Thank you so much for your continual support. Miss Doneley, the ambassadors and I are looking forward to seeing you all tomorrow at morning tea in my room. Don’t forget to bring your morning tea.

If you were not able to make sign up last week and you wish to be a part of the program please just come see along to our EcoMarine meeting tomorrow (morning tea 11.00am). Unfortunately, you have to be in Years 3 to 6 to sign up, but this doesn’t mean that we don’t need your help. We will be calling on everyone to help us with our missions.

Watch this space for our first mission of the year! We hope you can help us out!

Go Green EcoMarine

Katrina Rodriguez

SCIENCE NEWS
Atomic Kids
The Atomic Kids Workshop (Thursday, 10 March) is now fully subscribed. Further details of the travel arrangements and itinerary will be forwarded to the participating students closer to the event.

Help Needed
Is there a geologist in the school community who could help identify some rock and mineral samples? I have come across a box of approximately 20 unidentified samples that have been in a cupboard for years. If you are looking for a challenge and can assist, please email bmed-liz@eq.edu.au. The Year 4 students are currently studying an earth science unit, and enjoy being “rock hounds”, looking at various rocks and minerals. It would be a great outcome for the school if these samples could be identified, and made available for student activities.

NEWS FROM HPE
City District Swimming Carnival
Good luck to all students representing Wilston SS at the City District swimming carnival tomorrow. We have a team of 36 students attending and hope for a good representation in the City District team to compete at the regional carnival on the 24 February.

Cross Country
The school cross country will be held on the 22 March. All students compete over various distances with the students born 2007 or earlier vying for selection into the school team to compete at the district cross country in Term 2. I will be doing some training on Wednesday mornings from 8.00am to 8.40am starting next week, for any students who are interested.

At this stage these sessions will only be for students that are 9 years and older (born 2004-2007).

District Sports Trials
Over the next few weeks there will be a number of District Sport trials taking place. I will send out messages to classes for any interested students to see me in regards to the relevant trials. The majority of these trials are aimed at 12 year olds but we on occasions we will send 11 year olds students that play at a very high level. We are limited to the number of students that we are able to send so usually only students with representative experience are considered for these trials.

Rodney Bell. PE Specialist

CHOIR NEWS
Wilston Wonders
We had excellent attendance at our first official choir rehearsal last Friday. Please remember students are required to bring an A4 folder for their music and the session begins at 8.00am sharp. Most children have returned the purple response/agreement form. I am still waiting on a few.

Nominations have been submitted for the Metropolitan Choral Honours Camp. We will be notified of successful applicants by February 19th.

Miranda Charters

FROM THE STRINGS DEPARTMENT
Well done to the 32 new string students in Year 3 who participated in the Kick Start Program last Friday. Students learned a lot of new information and were able to play three songs. String lessons and rehearsals have now started for 2016. Please make sure your child has an A4 display folder and a pencil for their first rehearsal.

SCHOOL BANKING
School banking’s off to a flying start in 2016! All students should have received an information pack this week containing reward vouchers and a guide to this year’s school banking program.

Want to join School Banking? We will be holding a sign-up morning on Monday 22 February from 8:10am to 10.00am in D Block (above Tuckshop). A representative from Commonwealth Bank, Newmarket will be attending so you can open a Youthsaver Account on the day. All you need to bring along is your photo ID such as a driver’s licence; your children’s ID is not required as the school will confirm their identity. We will send a note to students this week outlining all the details. Alternatively, visit any Commonwealth Bank branch or call 13 2221.

We’re also running a fantastic new competition. Bank three times in Term 1 and your child is in the draw to win a Commonwealth Bank bag full of prizes.

Happy banking!

TUCKSHOP NEWS
This year is definitely up and running in the Tuckshop. The kids are liking the chipolatas on Tuesdays and pizzas on Wednesdays. Our pizza bases are made fresh in the Tuckshop and so is our pizza sauce. Our raspberry jam is also made here in the Tuckshop and it goes great with the freshly made pikelets.
Your beautiful little Prep children can order little and big lunch from us through MunchMonitors, but we will wait until Term 4 to buy the ice blocks etc so they don’t get run over by the big kids.

We are still looking for help in the Tuckshop so if you can give a day a term or one day a month we would love to see you and you can always bring a friend. Just so you know we don’t bite and we offer coffee and great conversation while we make the lunch. So come down and give it a go.

**Week beginning 15th February**

**Monday 15**  
Closed

**Tuesday 16**  
Elena Hoffman, Mirella Fyimoto

**Wednesday 17**  
Sarah Bender, Katherine Napier

**Thursday 18**  
Megan Beattie, Amanda Burke, help needed

**Friday 19**  
Charlotte Muir, Nat Scott, Chris Beehler, Geraldine Mercer, Jessica Draper.

**Bec Macdonald 0448 804 279 60huet@gmail.com**  
**Dot Milne 0408 729 021**

**FROM THE UNIFORM/BOOKSHOP**

Need a few more **stationery** items? We’ve been unpacking boxes of exercise books, calculators, left-handed scissors, and those hard to find Year 1 scrapbooks this week so pop in and pick up what you need.

**New shorts and skorts** also have arrived.

Here’s a few more things you need to know this week:

- **Opening times:** Monday-Wednesday-Friday: 8.15am-9.45am (next to Tuckshop).
- **New school polo shirts:** Our size 12 polo shirt has been so popular (especially with the seniors) we’ve temporarily run out of stock in this size. In the meantime, if you’re desperate for a size 12 shirt, don’t forget our **two for one deal** on the existing stock of gold cotton shirts (That’s just $23).
- **Gaberline Shorts:** Our formal short is a durable and breathable option for the summer months. It’s flying off the shelves and while new shorts arrived this week, we are out of the Gaberline size 10 shorts. The good news is – more stock is expected at the end of February!
- **Dresses:** Talking about the end of February, our dresses are in a shipping container and heading for Oz, so fingers crossed for fine weather to speed that ship to port so we can break out Wilston State School’s new school dress!
- **Senior shirts:** Thanks to everyone for being so prompt in supplying us with shirts for the traditional senior shirt printing. We’ll put the names of everyone in Year 6 on the back of the shirt, so seniors can remember the people who shared this very important year with them. Shirts will be printed at the end of Term 1 for a nominal fee that will be finalised shortly.
- **MunchMonitor:** The MunchMonitor cut off time is 9.15am on Monday-Wednesday-Friday. This will ensure orders are delivered to teachers’ pigeonholes for class delivery on those days. Visit: [www.munchmonitor.com](http://www.munchmonitor.com) to sign up.
- **Most popular items this week:** Check shirts ($30), chair bags ($10), swimming caps ($10), Prep exercise books ($1), Year 1 scrapbooks with one side lined, the other blank ($6), and socks ($8.50).
- **Tip of the week:** Looking after black school shoes (especially if they’re leather), is easy if you take time every week to give them a bit of a spit and polish! Make it part of a Sunday afternoon ritual and bring out your own boots and work shoes too so everyone gets into the act. Rub the shoe polish into scuffed areas on the shoe with a cloth and then take a shoe brush and make long sweeping strokes of the shoe to bring out the shine.

For polishing on the go (or in the car), carry an instant applicator with a spongy tip to get the job done fast.

**Did you know:** As many as one third of school children are wearing the wrong size shoe. The survey, by Clarks Australia, is a reminder to take the time to get your child’s foot properly assessed at a shoe shop or podiatry clinic, so wide feet or high arches are properly supported. Happy feet move “ever onward”!

Christine Matheson, Janice Nykiele and Debra Bela – Convenors  
Ph: 3552 8490/0448 633 737 (Christine)  
bookshop@wilstonpandc.org.au

**NEWS FROM THE P&C**

From the Wilston STEM Robotics  
Welcome back fellow STEM enthusiasts! Its time to sign up and commence our new year. We have a new venue—Room E4. Thank you to Mr Hendriks, Mrs Hofmeister, William W and students for helping us setup.

Our club commences this Monday night 15 February from 6.00pm - 8.00pm for students with the base fundamental skills using EV3 Lego. Please bring a parent, a laptop, if you have one, and USB. We do have laptops available for use for students who require one!

The cost will be $40 per term for each student for Robotics.

Lego Beginners Robotics Workshops (5 week) for Year 3+ will begin on Thursday 25 February at 5:30-7:30pm. Cost $30 per student. Please register your interest by emailing bouchersr@icloud.com. No prior knowledge of programming or building is required. If you have a laptop please bring it along else we do have laptops available for use. Limited places available so please contact us!

Chris and Susan. STEM

**NEWS FROM WILSTON KIDS CARE**

**Payment of Fees**
Parents may have missed paying fees can do so at the WKC office. It is open all day. Please see Alison.

**After School Activities**
There are many outside providers that offer after school activities and lessons. We know that often working or studying parents do not have time to take their children to these activities and so we are happy to help.

Students who attend WKC are able to access these activities while in care. We currently, for example, take students to and from swimming lessons, tennis and drama. To allow this to happen we do have some requirements and these include:

- Parents are to provide an **activity permission form**.
- All children “sign in” at WKC and before being escorted by the activity coordinator.
- Where parents collect children directly from activities (without prior arrangement) then the parent is still required to complete the “sign out” procedures.
- Any child who goes direct to an activity and does not sign in will be considered missing.

**Absent Students**
If your child is absent from WKC could you please contact Alison in the office so that we are not chasing up parents with phone calls.
If you are emailing the school regarding the absence then you can just "cc" WKC into the email. Email wilstonkidsare@optusnet.com.au

Committee Membership
All parents are invited to join the WKC committee. We meet every second Wednesday of the month at 6 pm at WKC. Childcare and snacks are provided.

Opening and Closing Times
WKC opens at 6.30am for Before School Care and closes at 6.00pm for After School Care. There is a fee charged for late collection of children.

We would also like to remind parents they can always access the policies and procedures for WKC from our website at http://www.wilstonpandc.org.au/index.php/wilston-kids-care/important-parent-information

NEWS FROM WILSTON SWIM CLUB

Congratulations to Abigail, Joshua, Kara, Charlotte, Allie, Ella, Rachel, Abigail, Stella, Eve and Hilary who competed at the Brisbane Sprint Championships over the weekend. A special mention to Joshua who won gold and Abigail, Eve and Stella who won silver.

Joshua, Charlotte, Allie, Ella, Stella, Eve and Hilary have also qualified for the Qld Sprint Championships later this month.

Date Claimer - Due to the short term and the council elections being held on the last Saturday of term, the Swim Club Committee have decided to hold the Trophy Night and the AGM for the election of Club Office Bearers on Saturday the 16 April at the Undercover Area. Please put it on your calendar as a must attend event. The kids love where we get to acknowledge the achievements of all our swimmers over a great season.

Swim Club duties this week -
Canteen: Reilly, McGuire and Carroll
BBQ: Edwards, Hesse and Williams.

If you are rostered on canteen or BBQ can you please arrive by 5.50pm. If you are unable to attend on your rostered night please find a replacement, or contact the office to assist you with arranging a swap. The canteen and BBQ roster is an important function for the Friday Club Nights and relies on the generosity of club volunteers to maintain this service.

Reminder– Club Night nominations close Wednesdays at 6:00pm.

Good luck to all swimmers who are representing to Crocs at the Ascot Cup this weekend.

There are a number of families who have not yet finalised their membership with Swimming Qld. Reminder emails were sent last week. If you cannot login or need your password reset please email Kirsten and she can assist. Members who are not financial cannot swim in any upcoming meets and will not be able to participate in the club championships at the end of the season.

There is still some availability for Learn to Swim in Term 1. Classes are held Monday to Thursday afternoons and Saturday mornings. Please email swim@wilstonpandc.org.au for bookings.

The Wilston Crocs have a Facebook page. Please ‘like us’ and keep up to date on all swimming news.

Athletics
The Running Club
Come and get ready for the Cross Country and Athletics seasons.
7.30am Tuesdays and Fridays on the Oval.
ATFC accredited coach Mr Tim Class-Auliff invites all students to come and train.
Cost is a gold coin.
For more information call Tim on 0416 171 904
GO SPORTS
Join us for all the fun!
Learn a new game or improve skills.

Netball Grades 2-4 (7.50-8.35am) commencing 12th Feb.
Cricket Grades Prep-3 (7.50-8.35am) commencing 12th Feb.

5 Weeks for $85
To register go to www.gosports.com.au

Primary School Tutor
Astrid Buis
15 years’ old, Year 11
Current Brisbane State High School student
Past Wilston State School student
Locally based in Grange
Straight A’s Year 10
Available for primary school tutoring

Contact Details: 0422433080

SELF DEFENSE CLASSES
MOON LEE TAE KWON DO

TUESDAYS AND THURSDAYS 6.00PM TO 7.00PM
THE UNITING CHURCH HALL HAWDON ST WILSTON (OFF KEDRON BROOK RD)

FOR MORE INFO CALL
SENIOR INSTRUCTOR
TIM 0416 171 904
Wilston State School presents

The WIPE OUT BEACH PARTY 2016

SATURDAY 27TH FEBRUARY / 4–8.30PM
WILSTON STATE SCHOOL

SWIMMING 4–6PM
Swimmers must be accompanied by an adult.

TICKETS
$5 per adult/child
$7 on the day
Purchase tickets online via www.munchmonitor.com

WIPE OUT RIDE ★ FACE PAINTING ★ DUNK TANK ★ SURFING
SLUSHIES ★ POPCORN ★ KIDS MOVIE ★ DODGE BALL
FOOD ★ LITTLE KIDS SLIDE ★ COLD DRINKS & BAR
RED S V WARATAHS on the big screen from 6.40pm (Next to the bar)

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