FROM THE PRINCIPAL

Dear Parents

Having spent some time last year conducting Discipline audits across the state and currently our school behaviour team is reviewing our current plan I read this article with interest.

Signs Adults Are Being Too Strict
It can be hard to find a balance between crime and punishment. Many parents worry that they are being too lax or too strict with their children. So do teachers. Some of these signs can indicate that adults are being too strict.

1. A zero tolerance policy - while it’s important to have clear rules, it’s equally important to recognise that there are often exceptions to the rules. Rather than taking an authoritarian stance on everything, show a willingness to evaluate behaviour in context of the circumstance. This is how children learn to exercise their own judgement and understand right and wrong.

2. Telling lies – harsh discipline turns children into good liars. If adults are too strict, children are likely to lie about little things – as well as the big things – in an effort to avoid punishment.

3. More restrictions than other classes and families – families have different expectations but if parents are always the strictest parent in the crowd, it could be a sign that their expectations are too high. A teacher who is constantly enforcing rules, disciplining students and calling on senior staff to reprimand them may be the one at fault and out of kilter rather than the children.

4. Little patience for silliness - kids love ridiculous jokes and silly games. It's important to have fun together, develop shared jokes and fool around.

5. Little tolerance for other people's discipline - strict adults often have difficulty tolerating the way other teachers run their classroom. It's good for children to be exposed to adults who have different rules and standards but they should always know they can expect respect, balance and fairness.

6. A long list of rules - rules have their place, but too many rules can be harmful. A classroom or household run on rules is rarely a happy, relaxed place to live. Watch out for too many rules, charts, punishments and lists of consequences. No child can live up to a life so regimented.

7. No allowance for natural consequences – we develop our values by making mistakes and suffering the natural consequences. That is how our consciences grow. Feeling bad about what you did is the best way of learning from your mistakes. Adults don’t have to be constantly wagging their fingers and haranguing children.

8. Nagging - nagging stops children from taking responsibility for their own behaviour. If adults keep on nagging children about everything they will find it hard to learn to manage to do those things on their own – or will do it only when they hear that nagging voice.

9. Handing out constant directions - constantly telling children how to sit, hold a pen, speak and eat leads to children tuning out the adult voice. Show respect for children’s ability to use their own good sense and skills.

10. No choices - strict adults often bark orders without any consultation or input from the child. Giving children freedom, especially when both choices are good ones, can go a long way. While there are times that kids need adult direction, it’s important to allow for initiative and creativity.

11. Praise for outcomes not effort - strict adults usually reserve their limited praise for perfection, rather than the child’s effort. If you praise children only for getting full marks in a test, they learn that affirmation is conditional on high achievement.

12. Outrageous threats - strict adults make disproportionate threats on a regular basis. The punishment long outlasts the offence. Too often others are drawn in when a whole class is punished for the actions of a few. Avoid making threats and make sure consequences are about improvement not punishment.

Acknowledgement: Amy Morin in About Parenting

Guy Hendriks
Principal
FROM THE DEPUTY PRINCIPALS

Enrolment Packs
Prep enrolment packs will be available from the office from Tuesday 11 August 2015.

FROM THE HOC

ICAS English
The ICAS English test will be administered before school on Tuesday July 28. Students will need to be at their test venue at 7:45am to ensure that the test is completed prior to the school day commencing. Letters will be sent home to the students involved by Friday this week. Below is a list of venues for the test.

<table>
<thead>
<tr>
<th>Year</th>
<th>Date</th>
<th>Starting Time</th>
<th>Venue</th>
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<tbody>
<tr>
<td>3</td>
<td>Tuesday July 28</td>
<td>7:45am</td>
<td>J Block (3A &amp; 3B Classrooms)</td>
</tr>
<tr>
<td>4</td>
<td>Tuesday July 28</td>
<td>7:45am</td>
<td>L Block Downstairs (4D &amp; 4E Classrooms)</td>
</tr>
<tr>
<td>5</td>
<td>Tuesday July 28</td>
<td>7:45am</td>
<td>Staff Room (D Block)</td>
</tr>
<tr>
<td>6</td>
<td>Tuesday July 28</td>
<td>7:45am</td>
<td>L Block Downstairs (6D &amp; 5C Classrooms)</td>
</tr>
</tbody>
</table>

STUDENT BANKING
Welcome back to school banking for Term 3! This term our banking rewards are the glow-in-the dark solar system and cosmic light-bean torch. Please note that the ever-popular handballs are out of stock. However, if students have collected 10 tokens and any of the following rewards from previous years interest them, please leave a note in the banking deposit book stated the child’s name, banking student number, class number and rewards choice.

2013: blue wallet, headphones, knuckles game, Doolarmites money box.
2014: projector cup, scented pens, shark keychain, swimming bag.

NEWS FROM HPE
Track and Field
The school Track and Field Carnivals were held last week. Unfortunately we didn’t have great weather for the two carnivals but the students still seemed to enjoy themselves. I’d like to thank all the parents who braved the conditions on both carnival days to come along and support their children. The students really appreciate it and it adds great atmosphere to the carnivals.

Congratulations to Paterson who took home the trophy this year.

Results: Overall: 1st Patterson 558 2nd Gordon 441.5 3rd Lawson 362.5

Age Champions: Boys Girls
6 years Hudson S Scarlett W
7 years Thomas W Ali S
8 years Hugo S Ava S
9 years Cooper S & Angus K Emily C
10 years Thomas S Jordan R
11 years Connor N Polly L
12 years Dylan A Georgina H

A 55 strong Wilston team has been chosen to represent the school at the District Carnival on the 30 and 31 July. Permission and information notes have been sent home and need to be returned by Monday 27 July.

Congratulations to Ruby M who represented Met North at the State Cross Country on the weekend. Ruby place 8th in the individual race and medalled in the relay event.

Jack M is currently in Geelong representing Queensland at the National AFL championships. I’m sure he is performing very well in the home state of the code.

A number of students went home with wrist bands after the carnival. Please may these be returned to your class teacher.

Rodney Bell. PE Specialist

CHOIR NEWS
Our choir rehearsals are off to a great start this semester. The kids are really enjoying new repertoire and are working towards performing at the Fete (12 September 2015) and the Spring Concert (14 October 2015). We have a number of new members who are doing a great job!

A special thanks to the mystery family who left some delicious homemade biscuits for the music staff this week!

Miranda Charters

TUCKSHOP NEWS
All Tuckshop orders are to be done online through MunchMonitors. Paper bag orders are no longer taken over the counter.

Hot chocolates are available from the Coffee Shop from Monday to Friday for $3.00.

Roster for week beginning 27 July 2015.

<table>
<thead>
<tr>
<th>Monday 27</th>
<th>Tuesday 28</th>
<th>Wednesday 29</th>
<th>Thursday 30</th>
<th>Friday 31</th>
</tr>
</thead>
</table>

Bec Macdonald 0448 804 279 60huet@gmail.com
Dot Milne 0408 729 021

NEWS FROM THE P&C
Thank you to Telstra for their support once again. Through the Telstra Kids fund we have received banners for our music program. We greatly appreciate Telstra’s ongoing commitment to Wilston State School.

Quietly, behind the scenes and every day of the week our Tuckshop provides lunch for our kids when we don’t have any bread or fruit in the house. We depend on the constant hard work of Bec and Dot and a team of volunteers. But our volunteer pool is dwindling and we need more people to help out on a regular basis. Other schools don’t offer Tuckshop every day of the week and it would be a shame if we had to reduce the availability of Tuckshop to our school community. I admit, I haven’t done a Tuckshop day this year, but I will be slotting some hours in—probably a couple of times a week (to make up for my slackness). Think about ways you can donate a couple of hours a week—maybe after drop off or in the middle of the day.
A full day may not be possible, but if you can do a few hours a few times a month, that would make a huge difference to our capacity to provide healthy school lunches for our children.

Julia Thornton, P&C President

Entertainment Books
Don’t forget to order your Entertainment Book NOW. You may also order your book or your digital membership securely online. Visit www.entbook.com.au/221987b. For any queries please contact Jacinda Geritz on jmgeritz@bigpond.com

NEWS FROM WILSTON KIDS CARE

URGENT
We need any spare paper for drawing. If you can supply us with some we would be very appreciative.

Activities
Please make sure you fill out a form if you require your child to be taken to and from activities such as swimming while in the care of WKC. We must have written permission from parents before we can take students out of WKC for a period of time.

Absent Children
Please remember to call Alison in the WKC office if your child will not be attending after school care. It is vital that we know where every child on our roll is at 3.00pm. Phone calls are made to ensure that we have all children accounted for by 3.15pm. Our policy is very clear on this procedure. To makes things easier we are happy if you are emailing the school regarding your child’s absence to just ‘cc the WKC in the email at the same time. This will ensure we have a record of the child’s attendance status.

Committee Meeting
All parents are invited to attend our WKC Committee Meetings. These are held on the second Wednesday of each month at 6 pm in B block. Child minding is provided.

We would also like to remind parents they can always access the policies and procedures for WKC from our website at http://www.wilstonpandc.org.au/index.php/wilston-kids-care/important-parent-information

NEWS FROM WILSTON SWIM CLUB

Our next Committee Meeting will be held, Thursday 23rd July at 7:00pm. New members are always welcome and there are many ways to be involved in our swim community.

Congratulations to all our swimmers who competed in the Qld Short Course Qualifying meet at Chandler last weekend.

Winter swimming – we have Squad and Learn to Swim available year round with the pool heated to 29 degrees. Swimming year round has many benefits and we encourage all our squad and learn to swim kids to maintain their skills and swim over the winter months.

There is currently availability each afternoon for Term 3 learn to swim. Please contact Kirsten in the pool office on swim@wilstonpandc.org.au for bookings.

The Stafford City Brook Run
will be held on
Sunday 26 July from 9.00am at
Hickey park, Babarra St, Stafford.

HURRY LAST DAYS TO REGISTER

Online registrations close Sunday 19 July, but you can also register on the day.

The Stafford City Brook Run
Stafford City Council
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YOU
AIN'T
THAT
BUSY!

Life is Busy... Find time to catch up with Mates

2015 Father's Day Luncheon

FRIDAY 4th SEPTEMBER 2015 - 12:30pm

THE ALLIANCE HOTEL, 320 Boundary St, SPRING HILL
Unlimited Craft Beer & 3 Course Meal Included
$120.00 per person

Tickets on Sale NOW
Payments to:
BSB: 484-799
A/C: 507 154 879
Please use surname as reference

Get in Quick ... WILL Sell Out this Year!
Fete News

How will you contribute to the Fete? The Fete is a celebration of the school community, a lot of fun for the kids, and our major fundraiser. It only comes around every two years, and we need every family to help out to make it a success. So what can you do? Make something? Donate something? Volunteer your time? Or all three?

Strike a pose!

Wow. We have an exciting new activity for the 2015 Fete - capture the moment and take home a memento of the Fete with our Photo Booth. Get a photo with your family, your mates or even your teacher! Hosted by 3C and 3D.

Second-hand Clothing

A reminder that now is the time to clean out your wardrobes and pass on good quality items that are taking up space and no longer needed. The Second-hand Clothing stall is particularly looking for quality brands:
- women’s fashion
- kidswear
- menswear
- handbags, belts and accessories

Donations must be clean and in good condition. And please, don’t donate underwear, socks, sleepwear or other intimate items!

Donations can be left at the E Block drop-off room.

Calling all face painters

Do you have artistic talents, face painting experience, or just a passion for giving joy to a young child? Class 3E is hosting the Face Painting Stall at the Fete and needs help on Fete day from anyone with face painting skills or potential. If you are interested, put your name down for a timeslot when SignUpGenius comes online.
Fill the zippers...

Grade 4 needs donations of new, small goodies for the Lucky Zippers stall. Suitable items include:
- handballs, toy cars, goop, sticky balls,
- party bubbles, balloons, key rings,
- hair accessories, temporary tattoos,
- arts & craft, stationery, stickers, magnets,
- lollypops, chocolates (nut free)

Please leave your donations in the ‘Lucky Zippers’ tub in the kitchen area on the ground floor of J Block (outside class 4A, B & C). Thank you!

*Any food items donated must be nut free

Bring out your books!

The Secondhand Book stall needs your donations of books (in good condition). We are looking for popular fiction, classics, kids books, non-fiction and more. (But please, keep your magazines for those wonderful school projects.) And a book series is like a family, so keep the family together by giving them a tight gladwrap ‘hug’!

We hope to see your loved books at the E-block drop-off - open every weekday, 7.30am to 5pm.

Country Markets

Don’t forget, the Country Markets stall needs 500 items for the Fete - jams, chutney, preserves, sauces, fresh eggs, produce, craft & more. Every item you, your friends & family make will help!

- Look for great recipes (we can help).
- Watch for cheap local produce or your own garden - if you have spare produce, let us know!
- Make perishable items, like lemon butter, in the week before the Fete and then keep it chilled.
- Ensure jars are sterilized – see http://britishfood.about.com/od/glossary/ft/sterilizingjars.htm
- All food products must be clearly labelled with all of the following details:
  - the date made
  - the ingredients
  - the statement: "May contain allergens"
    (this must be on all products)
  - who made - use the first 4 letters of your surname & location - eg STOCnewmarket
- Make the bottle or jar look pretty!

*Donate surplus small-medium jars with metal lids to the Tuckshop or the door of 7 Yarradale Street, Newmarket. Cooks - a supply will be kept outside 7 Yarradale Street so just take what you need!

Please let us know if you need anything!
Alexis & Cara P
042 2183032, simonandlex@hotmail.com