FROM THE PRINCIPAL

Dear Parents

Fanfare

I would like to congratulate the Vivace Strings who performed exceptionally well at Fanfare on Tuesday at Kelvin Grove State College. The students performed the musical pieces “Saraha Crossing, Rodeo and Bush Wacker Stomp” and were acknowledged with a silver award. Well done!

I thank Ms Payne for her support of our students and Mrs Barnett for accompanying them on the piano.

Developing Children’s Strengths

End of year ceremonies and prize giving’s can be hard for some children as they watch friends, classmates and siblings carry off prizes when they know they have worked hard too and done their best. Doing things for their own reward is a concept we learn as we grow older. While children are young, we can help them develop and grow by placing the focus on their strengths, the greatest of which are qualities of character because they are what will see them through the challenges of life.

Focus on children’s strengths instead of their weaknesses.

Notice children’s strengths and talk about them. It can be frustrating to work only on weaknesses and problems. Young people may become defensive and lacking in motivation, as adults do when they are constantly being criticised. Children may misbehave but they may also be enthusiastic, creative or curious. If you focus on their positive attributes, their strengths are likely to increase and their weaknesses will become less obvious.

Focus on character strengths instead of achievement. This can have a more positive effect on a child’s confidence. Not every young person can get A grades or get A grades all the time. Children develop at different rates. But every child has the potential to develop their character strengths, for example, to use their sense of humour, to be braver, or kinder.

“The most important character strengths for our wellbeing and happiness have been found to be gratitude, optimism, enthusiasm, curiosity and love. If we are to encourage children to have long term happiness and fulfilment, we should be encouraging them to develop these strengths in particular.”


Recognising Strengths

Make a point of noticing strengths in children and compliment them on, or thank them for, their strengths. Children respond well to this recognition and want to use their strengths even more.

For example:

- Thank a child for their honesty in admitting to a mistake.
- Congratulate a child on their perseverance in getting a task finished.
- Say how much you enjoy their humour when a child makes you laugh.
- Point out their fairness when they treat their friends equally.
- Tell them how kind they are being when they do a favour without being asked.
- Tell them they have good self-control when they are able to wait for a treat.
- Show them you are proud of them when they forgive their sister, brother or classmate for having upset them.
- Celebrate good teamwork.
FROM THE PRINCIPAL (continued)

- Tell a child they are showing great courage when you see them coping with a difficult situation.
- Look out for glimmers that you can fan into a brighter characteristic.

Building On Strengths
Help children to think about new ways of using their strengths. Their strengths will grow if they can think of ways to bring them into their daily life. When children are using their strengths daily they will be happier and have a better sense of their own worth.

For example:
- If a child is particularly brave, help them to find challenges they can overcome.
- If a child is particularly creative, help them find problems they can solve or new things they can make.
- If a child is particularly sociable, help them think of ways to be even more friendly to the people they meet or to spend more time with their friends.
- If a child is particularly kind, help them think of ways to do favours for friends and family.
- If a child is a particularly good leader, help them think of things they can organise.

2014 SKI TRIP

Parent Information Evening
Just a reminder that the Information Evening will be held on Wednesday 4 June from 7.00 to 8.00pm in D Block (Staff Room above the Tuckshop). Staff from Snow Ski will be in attendance.

STUDENT COUNCIL

Skate Night
17 June Year 3, 4 and 5. 6.30 to 8.30pm
24 June Year 6 and 7. 6.30 to 8.30pm.
Cost is $9.00 plus $2.50 for skate and $3.50 for blade hire.
No Eftpos available. Please have correct change.

THANK YOU from Mater Little Miracles
Thank you to all the students who took part in the Jelly Bean Guessing Competition over the last two weeks. Your 50c per guess has helped us to raise an extra $89.55 for Mater Little Miracles. There were 798 jelly beans in the jar. Congratulations to Charlotte N from 3A who had the closest guess. This is a photo of our team ‘Drew’s Super Turtles’ before we ran the 5k’s at South Bank on the weekend. Altogether our team raised over $800.

Layla Shume and Georgina Harris 5A

STUDENT BANKING

School Banking News
There will be no banking on Friday 6 June due to the long weekend. Banking will resume on Friday 13 June.

For all those children redeeming their tokens, please make sure that you send your tokens in. We can only accept your redemption when your tokens are presented. Rewards available are scented pencils, handballs, toy key rings and shark pencil bag.

During Term 2 any child joining the School Banking Program will receive a reward from last year’s range. Stocks are limited to wallets, head-phones, knuckle bones and money boxes and will be randomly selected.

Note to parents: Please complete your deposit slip as this is your proof that money and how much has been sent. Check and ensure you are not sending foreign currency and a final word that the School Banking Program is run by volunteer parents.
NEWS FROM HPE

**Gala Days**
The last City District Gala Day is on today.

**Venues for the sports:**
- Rugby League: Norths Rugby League – Bishop Park Nundah
- Boys Soccer: Brisbane Grammar Playing Fields – Northgate
- Girls Soccer: Gregory Terrace Playing Fields – Tennyson
- Netball: Downey Park – Windsor
- Tag League: Gregory Terrace Playing Fields – Tennyson

Good luck to all students participating.

**Congratulations to Alex R who participated in the State Tennis Championships** last week and was selected as number five in the Queensland Team to compete at the National Championships. This is a great reward for Alex who was City District's and Met North’s No 1 player at the respective tournaments.

**Interschool Track and Field Carnivals**
- 9yrs -13yrs Track and Field Carnival – Wed 25th June
- Prep – 8yrs Track and Field Carnival – Thur 26th June

A number of events will be run pre carnival on the Monday and Tuesday of the week of the carnival.

Rodney Bell. PE Specialist

**CHOIR NEWS**

**Wilston Wonders Senior Choir**
Congratulations to our amazing Wilston Wonders! Their performance was fabulous at the Wilston Winter Market Fair on Sunday morning. Our final performance for this term will be at assembly next Thursday (2.00pm). We will reprise “The Frim Fram Sauce” and “Let it Go”.

Miranda Charters and Bev Barnett

FROM THE STRINGS DEPARTMENT

Congratulations to the Vivace Strings group who performed at Fanfare on Tuesday at Kelvin Grove SC.

Next week (June 10-12) the Year 4 string students will be attending the Junior Music Camp at Stafford SS. The students will be working very hard at learning new string ensemble pieces and will also be part of a 200 voice choir. The camp will culminate in a concert at Town Hall in the city at 4.00pm on Thursday, June 12. Please note that there will be no lessons or rehearsals next week due to the camp.

Congratulations also goes to Sebastien M in year 7 who received an A+ for his 6th grade AMEB exam. What a fantastic result Sebastien!

BRASS WOODWIND & PERCUSSION

**Wildcatz News**
The Wildcatz were very impressive in performance at the Polish Club on Sunday. The president of the club spoke glowingly of them and the mayor particularly noticed their showmanship and musicality. I was, of course, very proud of them.

Cliff Draper

**TUCKSHOP NEWS**

Rosters for Tuckshop Week Beginning 9/6/14
- Monday 9th
- Tuesday 10th
- Wednesday 11th
- Thursday 12th
- Friday 13th

A number of events will be run pre carnival on the Monday and Tuesday of the week of the carnival.

**FROM THE UNIFORM/BOOKSHOP**

SHOP OPEN: Wednesday and Friday during Terms 2 and 3 (between 8.15 and 9.45am).

SHOP ONLINE: Go to www.munchmonitor.com; Username: wilston2s and Password: munch4051. All items purchased online are delivered to your child's class.

Opening Hours: Please note that the shop is closed on Mondays during Terms 2 and 3, except in exceptional circumstances. However, any orders placed through Munch Monitors will be checked and distributed on Mondays or Tuesdays via the classroom.

Stock Update: TIGHTS!!! (sizes 3-5, 6-9, 10-12); hair accessories in brown and gold – headbands, elastics and clips.

Uniforms: Please note that the shop is closed on Mondays during Terms 2 and 3. There are also plenty of pre-loved items to search through! Drop by and have a look!

Changes to the Uniform: Over the coming weeks you will have a chance to have a say in some possible changes to the Wilston uniform. Samples of the new items will be on display at the uniform shop very soon, including a dress, formal shirt and shorts, and house coloured polo shirts. Come and have a look and tell me what you think!!

Stationery: Top-up packs: Order forms for topping up your child’s stationery supplies will be distributed soon. Ask your child’s teacher to find out what your child needs and start your list - pencils, erasers, glue, exercise books, etc.

Christine Matheson, Convenor.
Ph. 3552 8490 / 0448 633 737 / bookshop@wilstonpandc.com.au
NEWS FROM THE P&C

Date Claimer
The next P&C Meeting will be held on Thursday 19 June 2014. You are all welcome to attend.

ART CLUB

Are you a student in Years 4-7? Then ART CLUB is for you! Would you like to be involved in a CREATIVE ART PROJECT? Come and join us at ART CLUB on Monday, Wednesday and Friday lunchtimes. Come to one or come to all! Starts Monday 16th June in the Junior Art Room (F Block)

NEWS FROM WILSTON KIDS CARE

This week’s theme for WKC is Winter and the children will be able to participate in some great activities. Some children might want to finger-knit a scarf, make some mittens out of a sock or a snowman out of super silky stretchy play dough, others may like to stay warm playing some great games outside like, Oz tag, football games (touch only) and long jump.

Vacation care is offered again for the June/July holidays (30 June to 11 July). Booking are available now. A copy of the proposed program was sent out to parents in last week’s copy of Good News Week – please book early as places are limited.

All parents are welcome to attend the next WKC Parent Committee Meeting on, Wednesday 11 June at 6.00pm. Child minding and light refreshments are provided for parents.
We would also like to remind parents they can always access the policies and procedures for WKC from our website at http://www.wilstonpandc.org.au/parent-info.php

NEWS FROM WILSTON SWIM CLUB

Lost property - we have a large collection of goggles at the pool. If you are missing any goggles please come and see Kirsten in the pool office.

We have a vacancy for a learn to swim instructor commencing in Term 3. If you are interested, or know of someone who may be, please speak with Kirsten or Simon at the pool.

Term 3 learn to swim and squads - we will commence bookings for Term 3 from Monday 16 June, please see Kirsten in the pool office or email info@wilstonswim.org.au for details - our lessons run Monday to Friday afternoons as well as Saturday mornings from 7:30am. We have both learn to swim and squads available year round with the pool heated to 29 degrees - refer to our website for the complete squad timetable.

Term 2 fees are now overdue - thank you to the families who have settled their accounts. Please see Kirsten in the pool office or email info@wilstonswim.org.au if you are unsure if you have any outstanding fees and please note bookings for Term 3 are not able to be processed until outstanding fees are paid.

Adult squad - just a reminder that we have introduced a Tuesday morning squad which runs from 6:15 - 7:15am and this replaces the Monday evening squad. Wednesday evening will remain the same from 6:45-7:45pm.

Our next Committee Meeting will be held on Tuesday 15 July 2014 at 7:00pm.

See you at the pool.
W: www.wilstonswim.org.au E: info@wilstonswim.org.au
WE NEED YOUR HELP!
SIGN UP TO HELP US PACK SACKS OF EVERYDAY ESSENTIALS FOR BRISBANE’S HOMELESS ON OUR COMMUNITY SACK PACKING DAY
SATURDAY 14 JUNE FROM 10AM
CALL 3356 9956 TO REGISTER YOUR TIME SLOT & RECEIVE A FREE BOWL OF PUMPKIN SOUP, GARLIC BREAD & A COFFEE!

Donations are welcome too! LIKE our Facebook page for details

FACE PAINTING AND BALLOON MODELLING
MAKE YOUR CHILD’S BIRTHDAY EXTRA SPECIAL
ADD EXCITEMENT TO YOUR FAMILY OR CORPORATE EVENT
PHONE JENNIFER ON 0415 067 331 FOR MORE DETAILS, BOOKINGS & PRICES

OPEN DAY
BANKS ST KINDERGARTEN
You and your family are invited to our Open Day to discover our wonderful Banks St Kindergarten. We would love to tell you all about us, and let you see what our amazing children have been working on. Come along for a morning of fun and activity.

When: Saturday 21st June 2014
Where: 15 Banks St, New Market
Time: 8am – 11am

computer extras

Students learn software essentials
Conveniently located at Wilston State School, Computer Extras is for kids (Grades 3+). This course teaches Microsoft Word and PowerPoint, as well as general computer usage, files, keyboard, mouse and internet skills. It’s an after school program where kids can focus on this learning essential.

Where: F Block Computer Lab
When: Wednesdays 3.00-4.00pm. Commences 23rd July 2014 for 10 weeks
Cost: $160 for 8 sessions of 60 minutes each. All course materials provided.

For more details or to register, please contact Jodi:
07 3018 2852
info@EducationExtra.com.au

2014 NRL HOLIDAY CLINICS

Great Game, Great Mates, Great Fun
FOR LIFE!

Fun Friends Fitness Footy

Girls only clinics available. To register please visit www.seqdevelopment.leaguenet.com.au

Wilston State School Ever Onward
Obsessive Compulsive Disorder in Children and Adolescents
GRIFFITH UNIVERSITY

Does your child worry excessively about certain things? Does your child engage in senseless and time consuming habits, routines or rituals? Does your child constantly seek reassurance from you? Your child may be experiencing Obsessive-Compulsive Disorder (OCD) and Griffith University can help.

A research team at Griffith University is offering an OCD assessment and treatment service for children and teenagers aged 7 to 17 years. After an initial assessment, eligible children will take part in the OCD BUSTERS Program. This program, held at Griffith University aims to reduce levels of OCD symptoms in children and youth. For further information call Dr Rosie Peters on (07) 3735 3349 or email the OCD Busters Team on ocdbustersmg@griffith.edu.au

FULLY FURNISHED HOUSE WANTED FOR SHORT TERM RENTAL

Fully furnished family home wanted for rent or house sit for the period 4 August 2014 until October 12 2014 while our home is being renovated. We are a local Wilston family with two children at Wilston State.

We have a well-trained dog who lives outside.

Nicole Bryant 0400 621 832.

Are you a parent of a child with type 1 diabetes?

Every day, thousands of Australian children suffer the effects of type 1 diabetes and families struggle with illness management and children’s behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P- Positive Parenting Program offering practical ideas and support for parents of children with type 1 diabetes. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.

Over the next few months and for a limited time only, parents of 2-10 year old children with type 1 diabetes are able to access Positive Parenting for Healthy Living Triple P as part of a University of Queensland research project. Parents will be able to attend the program free of charge, and will be asked to complete 2 sets of assessment measures (questionnaire and family observation) over a 6 month period, as part of the study. Contact Aditi Lohan on (07) 3346 7689 or email diabetes.healthyliving@uq.edu.au, or visit https://exp psy.uq.edu.au/t1diabetes for more information.
Buy a NEW 2014 | 2015 Brisbane, Sunshine Coast and Surrounds Entertainment™ Membership for your Mum this Mother’s Day, and for only $65, she’ll receive over $20,000 worth of valuable offers that can be used from now until 1 June 2015. Choose from the traditional Entertainment™ Book or the NEW Entertainment™ Digital Membership, which puts the value of the Book into Mum’s smartphone. Plus, 20% from every Entertainment™ Membership we sell contributes towards our fundraising. The more Entertainment™ Memberships we sell, the more we raise – so please forward this email to your family and friends!

- Wilston State School

**Why Should I Buy Membership?**

“Every year I get my Mum an Entertainment™ Book for Mother’s Day. She loves it because it gives her some great ideas to get out with her friends, without costing the earth.” — Jane

Give Mum over $20,000 worth of valuable offers she can enjoy all year long!

Here are just a few of the many offers to enjoy with the Entertainment™ Membership:

- She’ll love a shopping spree at the latest store for the latest fashion, Wheel & Barney
  UP TO $50 VALUE
- Mum will be spoilt with lunch or dinner at Madison Star & Grill
  UP TO $50 VALUE
- Mum will enjoy a reprieve from the busy day at the Revival Lounge
  UP TO $50 VALUE
- Mum can enjoy a rigid off comfort and order in from Pizza Capers
  UP TO $50 VALUE
- Mum can listen to live music and theatre at the Queensland Theatre Company & Youth Symphony
  UP TO $50 VALUE
- Mum can learn new tricks with a cooking class at the Cinders Pie Food and Wine School
  UP TO $50 VALUE

plus there are hundreds more offers! Click through the virtual Book to see more »

**PURCHASE NOW>>**

Thank you for your support.

Wilston State School
Amanda Lush
Phone: 0410 519 122 | Email: a_lush@hotmail.com

Please remember to reference **Wilston State School** when registering your 2014 | 2015 Entertainment™ Membership.